



The Food Pantry at St. Paul's, Ivy accepts non-perishable, unopened food, preferably in plastic or metal containers. Food may be dropped off at the Outreach Room (next to the little kitchen by Neve Hall) or in the back of the church for use in St. Paul's Monthly and Walk-In Food Pantry.

Recommended Shopping List:

Boxes & Canisters

Dried Pasta (1 or 2 lbs)
Macaroni and Cheese (7.25 oz)
Oatmeal (18oz)
Cereal (< 10g sugar)

Cans & Plastic Jars

Fruit and/or Applesauce (15oz)
Vegetables (14-15.5 oz)
Legumes (14-15.5 oz)
Baked Beans (14-15.5 oz)
Tuna (5 oz)
Soup (10.5 -15oz)
Peanut Butter (16-28 oz)
Spaghetti Sauce 24oz

Please Avoid

- Glass
- Expired Food
- Home/Small Batch Canning without Expiration Dates
- Extra-Large Packaging
- Sample Sizes
- Salty Items

Tips:

- ✓ Buy no-salt items when possible
- ✓ Consider monetary donations for fresh produce, meat, eggs, & dairy

Contact: Jane Baer | baersfive@gmail.com or 434.823-8341