

Contemplative Worship Fall 2021

As thou art in church or cell, that same frame of mind carry out into the world, into its turmoil and fitfulness.
- Meister Eckhart

In our day, we are seeing turmoil and fitfulness—not just in Afghanistan and Haiti, but also in our own city and county as we strive to repair past wounds and face an uncertain future with daily concern for our own and our neighbor's well-being. Where to turn, each day, as we decide when and how to emerge in the midst of a Pandemic?

Ancient wisdom offers respite through practices that beckon us toward the peace that is of God. Paying attention to the breath, thanking God for each inhale and exhale, moving with gratitude for our very being, the gift of the great I AM. We are invited to follow contemplative practices of silence, of noticing the daily revelations of God in our midst, and seeing the Christ in ourselves and each other—these noticings that are truly just awareness of the Holy. We are all made to be contemplatives and we can carry peaceful presence from our worship practices into our community.

Join us for the upcoming contemplative service on Sundays at 5:30 beginning September 12 in the courtyard for a time of rest through wonder and praise as we become a contemplative community, a way of being part of Christ's body in the world.

- Debbie Scott, Director of Adult Formation, Spirituality, and Service